

# Lamorinda

# OUR HOMES

Lamorinda Weekly Volume 16 Issue 23 Wednesday, January 4, 2023



Tips to save native flora and fauna ... read on Page D4

## Digging Deep with Goddess Gardener, Cynthia Brian

### 2023 Garden Trends, Part 1



Vertical gardening with a potato vine climbing up a trellis.



A basket of succulents set in a birdbath amongst ferns.



Living green walls are trending for 2023.

Photos Cynthia Brian

### By Cynthia Brian

*"To plant a garden is to believe in tomorrow."~ Audrey Hepburn*

Where did the year go? It seems like only yesterday that I was writing gardening goals for 2022, and it is already 2023. Time to start anew! Happy New Year!

Every year, the Garden Media Group releases trends for the forthcoming year. The Garden Trends Report for 2023 is aptly named, "I Believe in Me!" Individuality and access to critical resources will be in vogue throughout these next 12 months. As an Empowerment Architect, I resonate with this craze outlined for 2023 and hope that personal

expression and self-reliance will become a style, not just a fad. Our choices and lifestyles need to reflect who we are as individuals so that we become our unapologetically authentic selves in service of others.

When it comes to designing any interior or exterior place, I have always believed that to fully function for the family, the space must be personalized, reflecting the colors, shapes, objects, and souvenirs that are meaningful to the individuals living in the location. We need to feel comfortable, secure, relaxed, and rejuvenated. Home is where our heart resides. Cookie-cutter installations may be magazine-worthy, but they won't necessarily showcase the depth, passions, and character of the dwellers.

... continued on Page D6